Diabetic retinopathy (DR) is a leading cause of blindness worldwide.\(^1,2\) Retinal microvascular complications induced by diabetes result in obliteration of retinal capillaries, retinal ischemia, and eventual ocular neovascularization. Vascular endothelial growth factor, a potent angiogenic factor generated in ischemic retina, is responsible for vascular permeability leading to diabetic macular edema (DME)\(^3,4\) and ocular neovascularization leading to proliferative diabetic retinopathy (PDR).\(^5,6\) As a corollary, anti-VEGF agents have emerged as a part of first-line treatment for DME\(^7,8\) and an adjunct therapy to vitrectomy and laser photocoagulation for PDR.\(^9\)

Prior to the discovery of VEGF, laser photocoagulation had been applied to the treatment of DR nearly for half a century, and multicenter trials demonstrated that scatter laser photocoagulation effectively reduced the vision loss risk in patients with advanced PDR.\(^10-12\) Presumably due to the reduced VEGF production in ischemic retina. However, scatter laser photocoagulation also causes destruction of retinal tissues.\(^13\) In addition, thermal burn caused by laser photocoagulation worsens pre-existing ME and induces post-photocoagulation ME in some DR cases.\(^14,15\) Particularly when applied rapidly.\(^15\) Intravitreal triamcinolone or anti-VEGF agent injections were reported to reduce the risk of deterioration of ME after scatter laser photocoagulation.\(^16\) However, intravitreal injection carries the potential risk of endophthalmitis,\(^17\) an intraocular infection with vision threatening consequences, and therefore a therapeutic strategy to prevent postlaser ME via oral or systemic administration is of great significance.

Vascular adhesion protein-1 (VAP-1) is a sialylated glycoprotein expressed on the vascular endothelial cells of human tissues and is involved in the transmigration step of leukocyte trafficking.\(^18,19\) We previously reported that VAP-1 is expressed on retinal vessel endothelium and it plays a critical role in the eye during acute inflammatory conditions\(^20\) and in the early stage of DR.\(^21\) In addition to its role as an adhesion molecule, VAP-1 also possesses semicarbazide sensitive amine oxidase (SSAO) activity, which converts primary amines to the...
corresponding aldehydes with the release of ammonia and hydrogen peroxide,\textsuperscript{22} one of the reactive oxygen species that induces oxidative stress. Thus, VAP-1/SSAO is a ‘moonlighting protein’ as a single molecule with multiple functions for both chronic inflammation and oxidative stress. Because both inflammation\textsuperscript{23,24} and oxidative stress\textsuperscript{25} are involved in the development of DME and postlaser ME, VAP-1/SSAO is considered a potential drug target for visual loss prevention after scatter laser photocoagulation.

The aim of this study was to investigate the effect of the VAP-1/SSAO inhibitor RTU-1096 on ocular inflammation and retinal morphologic changes after laser photocoagulation in mice.

METHODS

Animals

In this study, C57BL/6Jcl mice (8-week-old males; CLEA Japan, Tokyo, Japan) were used in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research, and the Ethics Review Committee for Animal Experimentation of Hokkaido University approved this study (#15-0085). The animals were fed a standard mouse chow CRF-1 (Oriental Yeast Co. Ltd., Tokyo, Japan) containing the VAP-1 specific inhibitor RTU-1096 (0.2475 %; Sucampo Pharma LLC, Tokyo, Japan) or CRF-1 without RTU-1096, ad libitum for 7 days before laser photocoagulation. Whereas IC50 of chemical inhibitor RTU-1096 against VAP-1/SSAO is 0.9 nM, its IC50 against monoamine oxidase (MAO)-A and MAO-B were more than 100 μM, indicating the specific inhibitory property of RTU-1096 on VAP-1/SSAO. The administration of RTU-1096 or control chow was continued until the end of the study.

Laser Photocoagulation

The animals were anesthetized with an intraperitoneal injection of xylazine hydrochloride (0.2 mg/mL) and ketamine hydrochloride (1 mg/mL) and the pupils were then dilated with 0.5 % tropicamide and 2.5 % phenylephrine hydrochloride. Laser photocoagulation (100 shots, spot size, 100 μm; duration, 0.03 seconds; power, 50 mW) was delivered to the peripheral retina (4 disc diameters away from optic disc; Fig. 1) through a slit-lamp biomicroscope (Novus Spectra, Yokneam, Israel).

SSAO Activity Assay

Seven days after laser photocoagulation, mice were deeply anesthetized and blood was collected into EDTA by cardiac puncture. The blood samples were centrifuged at 1800 g for 15 minutes at 4°C, and plasma was collected and stored at −80°C. Subsequently, the eyeballs were enucleated and chorioretinal tissue samples were harvested. Protein concentration was determined using the Quick Start Protein Assay Kit (Bio-Rad Laboratories, Hercules, CA, USA). The SSAO activities in plasma and chorioretinal tissues were determined as described previously.\textsuperscript{20}

In Vivo Morphologic Analysis

After the anesthesia and pupil dilation, optical coherence tomography (OCT) images were acquired before and at 1, 3, and 7 days after laser photocoagulation using the Spectralis OCT system (Heidelberg Engineering, Heidelberg, Germany). To prevent corneal desiccation during OCT image acquisition, saline solution was applied bilaterally every 5 minutes. Using the eye tracking and retest function of Spectralis, horizontal and vertical OCT images passing through the optic nerve head were taken at identical locations during the study (Fig. 1). Total retinal thickness and individual retinal layer thickness, including the combination of retinal nerve fiber, ganglion cell, and inner plexiform layers (RNFL/GC/IPL), inner nuclear layer (INL), outer plexiform layer (OPL), outer nuclear layer (ONL), and the outer plexiform layer (OPL), from the outer limiting membrane to retinal pigment epithelium posterior border (OLM/RPE), were manually quantified at the nasal side of the retina (2 disc diameters away from optic disc, Fig. 1).

Furthermore, the number of hyperreflective foci emerging at the vitreoretinal surface was evaluated. One day after laser photocoagulation, a single OCT image passing through the optic nerve head was taken and two examiners (KN and TM) counted the hyperreflective foci at the vitreoretinal surface in a masked fashion.

Histologic Analysis of Leukocyte Infiltration

The number of leukocytes infiltrating into the vitreous was assessed. Briefly, 1 day after laser photocoagulation, the animals were euthanized by an anesthesia overdose and the eyeballs were enucleated. Mouse eyeballs were fixed in 4% paraformaldehyde for 30 minutes on ice, incubated in an increasing concentration of PBS/sucrose, and embedded in frozen section compound (Leica, Exton, PA, USA). Frozen sections of 10-μm thickness were prepared at a distance of 100 μm from each other with the middle section passing through the optic nerve. Three 10-μm sections were stained with hematoxylin and eosin (H&E), and the number of infiltrating cells in the vitreous cavity was counted, as previously described.\textsuperscript{20}

Quantitative Real-Time Polymerase Chain Reaction

The expression levels of leukocyte adhesion molecules in retinal tissues obtained from the animals were examined by quantitative real-time PCR. In brief, the retinal tissues were obtained from the control and laser groups with or without administration of RTU-1096 (0.2475 %) at 1 day after laser photocoagulation and stored in RNA Later solution (Thermo Fisher Scientific, Waltham, MA, USA) for RNA stabilization. The retinal tissues were homogenized in TRI Reagent (Molecular
Research Center, Inc., Cincinnati, OH, USA) and total RNA was prepared according to the manufacturer's protocol. Equal amounts of total RNA extracted from samples were reverse-transcribed with GoScript Reverse Transcriptase (Promega, Madison, WI, USA) at 42°C for 1 hour in a 20-μL reaction volume. Subsequently, a real-time PCR assay for intercellular adhesion molecule-1 (ICAM-1) expression was performed (SYBR Green method, with the GoTaq qPCR Master Mix; Promega), according to the manufacturer's protocol. The primer sequences used for real-time PCR and the expected size of the amplification products are as follows: 5'-CCTGTTCCTGCTGTTGGAGTGCTGAGAAGGCTGATTC-3' (forward) and 5'-GTCTGTGATGCTGAGTGGAGGATTTG-3' (reverse) for ICAM-1, and 5'-AGGCTGTGGTGGAACGGATTTG-3' (forward) and 5'-TGTAGACCATGTAGTGAAGTTCA-3' (reverse) for Glyceraldehyde-3-phosphate dehydrogenase (GAPDH). The cycling conditions used for real-time PCR and the expected size of the amplification products are as follows: 5'-CCTGTTCCTGCTGTTGGAGTGCTGAGAAGGCTGATTC-3' (forward) and 5'-GTCTGTGATGCTGAGTGGAGGATTTG-3' (reverse) for ICAM-1, and 5'-AGGCTGTGGTGGAACGGATTTG-3' (forward) and 5'-TGTAGACCATGTAGTGAAGTTCA-3' (reverse) for Glyceraldehyde-3-phosphate dehydrogenase (GAPDH). The cycling conditions used were 95°C, 2 minutes; followed by 95°C, 15 seconds and 60°C, 60 seconds for 40 cycles. All data were calculated by the ΔΔCt method with GAPDH as the normalization control.

Magnetic Luminex Assay

The protein level of ICAM-1 in the mouse retina was measured using mouse magnetic Luminex assay (R&D systems, Minneapolis, MN, USA), according to the manufacturer's protocol. Briefly, microparticle coated with mouse ICAM-1 antibody, tissue lysate of retina, and standards were added to a 96-well plate. Following incubation, plates were washed and a biotin antibody cocktail was added. After incubation for 1 hour, plates were washed and streptavidin-phycocerythrin was added for 30 minutes, followed by a final wash and resuspension in wash buffer, and analyzed using the MAGPIX (Merck, Darmstadt, Germany) and the xPONENT software (Merck). All values were normalized with total protein concentration measured by using BCA protein assay kit (Thermo Fisher Scientific).

Statistical Analysis

All the results are expressed as the mean ± SEM as indicated. The Student's t-test was used for statistical comparison between the groups, and 1-way ANOVA with Tukey-Kramer was used for multiple comparisons. Differences between the means were considered statistically significant when the probability values were less than 0.05.

RESULTS

Suppression of VAP-1/SSAO Activity by Specific Inhibitor RTU-1096 in Plasma and Chorioretinal Tissues

To validate the pharmacologic effects of RTU-1096, a novel inhibitor for VAP-1/SSAO, we measured SSAO activity in plasma and chorioretinal tissue samples in mice. The SSAO activity was not elevated in plasma samples from the laser group (5.8 ± 0.1 pmol/μg protein/min, n = 10) compared with those from the control group (5.3 ± 0.3 pmol/μg protein/min, n = 10, P = 0.09, Fig. 2A). The plasma SSAO activity was significantly lower in the plasma of animal groups treated with RTU-1096 (1.9 ± 0.3 pmol/μg protein/min, n = 10, P < 0.01, Fig. 2A) than that from the laser group.

In chorioretinal tissues, the SSAO activity showed a significant increase in the laser group (1.30 ± 0.08 pmol/mg protein/min, n = 18) compared with that in the control group (1.05 ± 0.05 pmol/mg protein/min, n = 18, P < 0.05, Fig. 2B). The RTU-1096–treated group showed a significant reduction in SSAO activity (0.71 ± 0.04 pmol/mg protein/min, n = 19, P < 0.01, Fig. 2B) in the chorioretinal tissues compared with in the laser group.

Impact of VAP-1/SSAO Blockade on ONL Thickening Caused by Laser Photocoagulation

To determine whether peripheral retinal laser photocoagulation causes morphologic alteration of retinal structures in the region without photocoagulation with time, total retinal thickness and individual retinal layer thickness were measured using the high-resolution OCT system Spectralis (Fig. 3A). At the baseline, there was no difference in total retinal thickness between the groups (Fig. 3B). However, the groups subjected to laser photocoagulation, that is, laser group (n = 20) and RTU-1096 group (n = 18), showed a significant decrease in total retinal thickness at 3 and 7 days after laser photocoagulation in comparison with the control group (n = 19, P < 0.01 each, Fig. 3B). There was no difference in total retinal thickness between laser group and RTU-1096 group at 3 and 7 days after laser photocoagulation (Fig. 3B).

Next, the thickness of individual sublayers was evaluated. One day after laser photocoagulation, the ONL thickness was increased in the laser group compared with in the control
group \((n = 19, P < 0.01)\), and RTU-1096 administration abrogated the thickening in ONL \((n = 18, P < 0.01, \text{Fig. 4A})\). However, the laser photocoagulation groups, including the laser group and the RTU-1096 group, showed significant decreases in ONL thickness in comparison with the control group 7 days after laser photocoagulation \((P = 20, P < 0.05)\). In contrast, the OPL thickness in the laser groups was lower than that in the groups treated with RTU-1096 at 1 day after laser photocoagulation \((n = 20, P < 0.05)\), and the difference between groups was diminished \((P < 0.01)\); however, the thickness recovered by day 7 \((\text{Fig. 4C})\). Throughout the experiment, the thickness of the inner retinal sublayers including the RNFL/GCL/IPL complex and INL were not statistically different between the groups at any time points \((\text{Figs. 4D, 4E})\).

**Impact of VAP-1/SSAO Blockade on Leukocyte Accumulation in Eyes After Laser Photocoagulation**

Chronic observation of the retinal sublayer thickness using OCT indicated that peripheral retinal laser photocoagulation elicited the acute biological response of ONL thickening, which was inhibited by blocking VAP-1/SSAO, 1 day after laser photocoagulation. To investigate whether VAP-1 blockade suppresses intraocular inflammation caused by laser photocoagulation, we quantified the cumulative number of transmigrated leukocytes in the vitreous, 1 day after laser photocoagulation. We found that the leukocyte infiltration was significantly suppressed \((\text{31.2} \pm 7.7 \text{ cells/image, } n = 4, P < 0.05, \text{Figs. 5A, 5B})\) in comparison to that in the laser group. In parallel with the H&E staining data, the control group showed no or very few hyperreflective foci at vitreoretinal interface in OCT images \((0.4 \pm 0.2 \text{ dots/image, } n = 12)\), there was a high number of the hyperreflective foci in the laser group \((31.7 \pm 2.4 \text{ dots/image, } n = 16, P < 0.01, \text{Figs. 5C, 5D})\). In the RTU-1096 group, the hyperreflective foci were reduced by 29% compared with those in the laser group \((22.5 \pm 2.3 \text{ dots/image, } n = 14, P < 0.05, \text{Figs. 5C, 5D})\).

**Impact of VAP-1/SSAO Blockade on Endothelial Adhesion Molecule ICAM-1 in the Retina After Laser Photocoagulation**

To further analyze the mechanism by which VAP-1 blockade attenuates inflammatory cell migration after peripheral laser photocoagulation, we examined ICAM-1 expression levels in the animal retinal tissues and assessed the effect of the VAP-1/SSAO inhibitor on their expressions. The retinal ICAM-1 expression level showed an 8.6-fold increase in the laser group \((n = 12)\) compared with that in the control group \((n = 12, P < 0.01, \text{Fig. 6A})\). In the VAP-1 inhibitor–treated animals, ICAM-1 mRNA expression was downregulated in comparison with the laser group \((n = 10, 4.0 \text{ pg/mg, } P < 0.01, \text{Fig. 6B})\). In the RTU-1096 group, the retinal ICAM-1 protein was reduced in comparison with those in the laser group \((n = 12, 7.0 \text{ pg/mg, } P < 0.01, \text{Fig. 6B})\).

**DISCUSSION**

In the present study, we demonstrated that peripheral retinal photocoagulation causes (1) transient ONL thickening in the proximal remote region, (2) leukocyte infiltration at the vitreoretinal surface, and (3) upregulation of the leukocyte adhesion molecule ICAM-1 in the retina. Furthermore, as a novel finding, we showed that the VAP-1/SSAO inhibitor RTU-1096 reduced these biological responses caused by laser photocoagulation. The current data indicate that VAP-1/SSAO inhibition may be a potential therapeutic strategy for the prevention of ME secondary to scatter laser photocoagulation in patients with ischemic retinal diseases, such as PDR.
FIGURE 4. Optical coherence tomography image analysis of retinal sublayer thickness. The thickness of individual retinal sublayers was chronologically evaluated before laser photocoagulation and at 1, 3, and 7 days after laser photocoagulation. (A) Outer nuclear layer. (B) Outer plexiform layer. (C) The complex from OLM/RPE. (D) The combination of RNFL/GC/IPL. (E) Inner nuclear layer. Values are mean ± SEM (n = 18–20). *P < 0.05, **P < 0.01.
To date, histologic analysis has been used for chronologic observation of the posterior segment of the eye in animal experiments; however, this procedure requires animal killing and an immense amount of time. The OCT instrument enables, in addition to substantial time saving, close analysis of the sequential alteration of intraocular findings with time in in vivo experiments. In previous studies, total retinal thickness in C57BL/6 mice ranged from approximately 250 to 300 μm, and total retinal thickness of untreated mice measured in this study was in this range, indicating that the OCT system Spectralis is useful to chronologically evaluate the retinal thickness in mice.

Using the high-resolution OCT system, we found the transient increase of ONL thickness and the decrease of OLM/RPE complex thickness at the earliest time point after laser photocoagulation. Whereas scatter laser photocoagulation was reported to progressively reduce the thickness of the inner retina in patients with DME, transient ONL thickening at 1 day after laser photocoagulation was also documented in patients with DME. Furthermore, Mitsch et al.

**Figure 5.** Impact of VAP-1/SSAO inhibition on intraocular leukocyte accumulation caused by laser photocoagulation. (A) Representative micrographs of H&E staining obtained from control and laser-treated animals with or without VAP-1 inhibitor treatment. Arrows indicate infiltrated leukocytes in the retina. (B) The number of infiltrated leukocytes in the vitreous with or without VAP-1 inhibitor treatment. Values are mean ± SEM (n = 4). *P < 0.05, **P < 0.01. (C) Representative OCT images obtained from control and laser-treated animals with or without VAP-1 inhibitor treatment. Arrows indicate hyperreflective foci observed at the vitreoretinal surface. (D) The number of hyperreflective foci at the vitreoretinal surface with or without VAP-1 inhibitor treatment. Values are mean ± SEM (n = 12–16). *P < 0.05, **P < 0.01.

**Figure 6.** Role of VAP-1 inhibition on retinal ICAM-1 after laser photocoagulation. (A) Quantitative real-time PCR analysis for the endothelial adhesion molecule ICAM-1 in the retinas of laser-treated animals with or without VAP-1 inhibitor treatment. Values are mean ± SEM (n = 10–12). *P < 0.05, **P < 0.01. (B) Magnetic luminex assay for retinal ICAM-1 protein. Values are mean ± SEM (n = 9–12). **P < 0.01.
morphic change in ONL is associated with visual prognosis caused by laser photocoagulation in the photoreceptors. The suppression of the inhibitor on laser-induced ONL thickening reduced the changes in the OPL and OLM-RPE layers adjacent to ONL. The current animal study and the clinical findings indicate that scatter laser photocoagulation causes acute morphologic alterations in retinal layers.

It was recently demonstrated that inflammatory mediators such as cytokines and leukocyte adhesion molecules were upregulated in the rabbit retina 1 day after laser photocoagulation. Therefore, the transient changes of outer retinal layers might be the consequence of an inflammatory response that spreads from the laser-treated area. In support of this hypothesis, ICAM-1 was significantly upregulated in the retina of animals having undergone laser photocoagulation at day 1 in the current study. Previously, we reported the increased retinal expression level of ICAM-1 in an acute intraocular inflammation model. The current and previous data indicate that ICAM-1 is a molecule inducible by inflammation. Additionally, histologic analysis also revealed that laser photocoagulation increased the number of infiltrated leukocytes in the vitreous cavity and the retinal tissues. Therefore, it is presumable that laser photocoagulation causes retinal ICAM-1 upregulation, leading to the increase in leukocyte recruitment. The VAP-1/SSAO inhibitor RTU-1096 reduced intraocular leukocyte recruitment into the vitreous after laser photocoagulation. Because VAP-1 is a leukocyte adhesion molecule that regulates transmigration step of leukocytes, it is likely that the reduction of postlaser leukocyte infiltration into the vitreous by VAP-1 inhibitor RTU-1096 is a consequence of direct effect on VAP-1. However, it is noted that the VAP-1/SSAO inhibitor RTU-1096 also reduced the expression of ICAM-1 caused by peripheral laser photocoagulation. Vascular adhesion protein-1/SSAO is an enzyme that generates the corresponding aldehyde, hydrogen peroxide, and ammonium. Previously, it was reported that hydrogen peroxide augments ICAM-1 expression in endothelial cells. Therefore, the reduced expression of ICAM-1 with VAP-1 blockade may be partially due to reduced hydrogen peroxide.

In addition, the inhibitor RTU-1096 ameliorated transient ONL thickening, possibly due to inflammatory responses caused by laser photocoagulation in the photoreceptors. The morphologic change in ONL is associated with visual prognosis in patients with DME. Similarly, ONL integrity is crucial for visual prognosis in other types of retinal diseases, such as central serous chorioretinopathy and AMD. Therefore, the current data may indicate that blockade of VAP-1/SSAO is beneficial to avoid visual function loss after laser photocoagulation. Further functional analysis is required to investigate the effect of the VAP-1/SSAO inhibitor on the visual function of mice after peripheral laser photocoagulation. In summary, peripheral retinal photocoagulation causes transient morphologic changes in the outer retina and leukocyte infiltration into ocular tissues. Vascular adhesion protein-1 blockade with a novel and specific inhibitor potently suppresses the inflammatory response and transient ONL thickening after scatter laser photocoagulation. Previously, it was reported that oral administration of a VAP-1 inhibitor prevented retinal vascular permeability in a streptozotocin-induced diabetic model. These findings suggest VAP-1 inhibition as a novel and potent therapeutic strategy in ME secondary to laser photocoagulation in patients with DR.

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