

**Fuchs’ Endothelial Corneal Dystrophy and RNA Foci in Patients With Myotonic Dystrophy**

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Citation: Mootha VV, Hansen B, Rong Z, et al. Fuchs’ endothelial corneal dystrophy (FECD) is an age-related degenerative disorder of the endothelium resulting in corneal edema and loss of vision. FECD affects 4% of whites over the age of 40 in the United States¹ and is the leading indication for corneal transplantation.² The corneal endothelium is a monolayer of postmitotic hexagonal cells responsible for maintaining stromal dehydration and providing the mechanism of aqueous humor outflow by transporting ATPase, beta-1 polypeptide (ATP1B1, MIM 615523) collectively account for a small fraction of adult-onset FECD cases.¹³–²⁰ Genome-wide association studies of adult-onset FECD have implicated transcription factor 4 (TCF4, MIM 602272) and more recently KN motif–and ankyrin repeat domain–containing protein 4 (KANK4, MIM 614612), laminin gamma-1 (LAMC1, MIM 135300), and K⁺ transporting ATPase, beta-1 polypeptide (ATP1B1, MIM 182350), with the TCF4 locus noted to have a predominant effect.¹¹²²

**PURPOSE.** The most common cause of Fuchs’ endothelial corneal dystrophy (FECD) is an inherited degenerative disorder of the endothelium resulting in corneal edema and loss of vision. FECD affects 4% of whites over the age of 40 in the United States¹ and is the leading indication for corneal transplantation.² The corneal endothelium is a monolayer of postmitotic hexagonal cells responsible for maintaining stromal dehydration and providing the mechanism of aqueous humor outflow by transporting ATPase, beta-1 polypeptide (ATP1B1, MIM 615523) collectively account for a small fraction of adult-onset FECD cases.¹³–²⁰ Genome-wide association studies of adult-onset FECD have implicated transcription factor 4 (TCF4, MIM 602272) and more recently KN motif–and ankyrin repeat domain–containing protein 4 (KANK4, MIM 614612), laminin gamma-1 (LAMC1, MIM 135300), and K⁺ transporting ATPase, beta-1 polypeptide (ATP1B1, MIM 182350), with the TCF4 locus noted to have a predominant effect.¹¹²²

FECD can be inherited as an autosomal dominant trait with genetic heterogeneity.¹¹ Rare heterozygous mutations in COL8A2 gene (COL8A2, MIM 120252) cause an early-onset corneal endothelial dystrophy.¹² Other genes including solute carrier family 4, sodium borate transporter, member 11 (SLC4A11, MIM 610206), transcription factor 8 (TCF8, MIM 189909), lipoxigenase homology domains 1 (LOXHD1, MIM 613267), and ATP/GTP binding protein-like 1 (AGBL1, MIM 615523) collectively account for a small fraction of adult-onset FECD cases.¹³–²⁰ Genome-wide association studies of adult-onset FECD have implicated transcription factor 4 (TCF4, MIM 602272) and more recently KN motif–and ankyrin repeat domain–containing protein 4 (KANK4, MIM 614612), laminin gamma-1 (LAMC1, MIM 135300), and Na⁺, K⁺ transporting ATPase, beta-1 polypeptide (ATP1B1, MIM 182350), with the TCF4 locus noted to have a predominant effect.¹¹²²

CTG triplet repeat expansions in the third intron of TCF4 (CTG18.1 locus) are the most common genetic cause of adult-onset FECD cases in the United States.²³–²⁵ TCF4 is a conserved class I basic helix-loop-helix (bHLH) transcription factor that binds to the canonical E-box promoter sequences of target
The expanded allele was shown to cosegregate with development of FECD with an odds ratio (OR) of 32.3 in greater than 40 CTG repeats confer significant risk for the development of FECD with an odds ratio (OR) of 32.3 in greater than 40 CTG repeats found to be unstable and present in 3% of subjects in Caucasian pedigrees.27

Association of DM1 with mutant RNA affects the cellular pool of free MBNL1 and triggers missplicing of target genes.25,26 The CTG18.1 locus was discovered in 1997 by the DTN muscle protein kinase gene.31,32 The expanded DM1 repeat RNA associates with the splicing factor muscleblind-like 1 (MBNL1) in nuclear foci that can be visualized by fluorescent in situ hybridization (FISH) and that are a molecular hallmark for disease.33,34 Accumulation of expanded CUG repeat RNA nuclear foci35 with colocalization with MBNL1 and missplicing of target genes36 has been recently reported in endothelial cells of FECD subjects with the TCF4 repeat expansion.

Gattey et al.37 reported FECD in four DM1 subjects including a mother–daughter pair. No molecular studies were performed and because these are both common disorders, it can be concluded that additional studies were warranted. In this study, we explored the association between DM1 and FECD. We detected the presence of nuclear RNA-MBNL1 foci in endothelial cells from an organ donor whose corneas were found to be unsuitable for transplantation for the findings of FECD. Surprised that the donor did not harbor a TCF4 expansion, we hypothesized correctly that the subject harbored a CTG repeat expansion in the 3′ UTR of the DMPK gene and subsequently confirmed a clinical diagnosis of DM1. Additionally, we tested the hypothesis that DM1 patients are at risk for FECD and determined prevalence of TCF4 and DMPK triplet repeat expansions in a University of Texas Southwestern (UTSW) FECD cohort.

**Methods**

**Subjects**

The study was approved by the UTSW Institutional Review Board (IRB) and conducted in adherence to the tenets of the Declaration of Helsinki.

We obtained corneas from a 54-year-old white male organ donor with “muscular dystrophy” who had succumbed to a cardiac arrest from the eye bank at UT Transplant Services. Certified eye bank technicians had examined the corneas using Cellchek EB-10 specular microscopic (Konan Medical, Irvine, CA, USA) and detected FECD findings of confluent endothelial guttae and decreased endothelial cell density, and therefore found them to be unsuitable for transplantation. Additional control tissues were also obtained from the eye bank.

To test the hypothesis that patients with DM1 are at risk for FECD, we examined 13 consecutive unrelated patients with an established diagnosis of DM1 over the age of 40 (mean = 54.8, standard deviation [SD] = 10.3) from the UTSW Neuromuscular Cardiomyopathy Clinic (Table 1). Clinical genetic testing results for DM1 were obtained where available. All DM1 subjects were white. All subjects underwent an eye examination including slit-lamp microscopy by a cornea fellowship-trained ophthalmologist (VVM). Inclusion criterion for FECD was Krachmer grade of 2 or greater in the more severely affected eye by slit-lamp microscopy.

**Table 1.** Demographic Information and Microscopy Results of DM1 Patients

| Subject | Age | Sex | OD | OS | OD | OS | OD | OS | OD | OS | OD | OS | OD | OS | TCF4 Alleles | DMPK Alleles | FECD Status
<table>
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<td>52</td>
<td>F</td>
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<td></td>
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<tr>
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<td>3</td>
<td>57</td>
<td>57</td>
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<td>12, &gt;100</td>
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<tr>
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<td>3</td>
<td>3</td>
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<td>59</td>
<td>48</td>
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<td>610</td>
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<td>2454</td>
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<td>48</td>
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<td>578</td>
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<td>1</td>
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<td>626</td>
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<td>3</td>
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<td>36</td>
<td>43</td>
<td>70</td>
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<td>1</td>
<td>605</td>
<td>600</td>
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<td>32</td>
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<td>56</td>
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<td>5, 229</td>
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<td>F</td>
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<td>0</td>
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<td>537</td>
<td>2857</td>
<td>2817</td>
<td>29</td>
<td>36</td>
<td>67</td>
<td>69</td>
<td>16, 19</td>
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<td>593</td>
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<td>54</td>
<td>16, 39</td>
<td>5, &gt;100</td>
<td>N</td>
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<td></td>
</tr>
</tbody>
</table>

CCT, central corneal thickness based on ultrasound pachymetry; CV, coefficient of variation of endothelial cell size; F, female; M, male; NA, not available; N, no; Y, yes.

* Inclusion criterion for FECD is Krachmer grade of 2 or greater in the more severely affected eye by slit-lamp microscopy.
† Ultrasound pachymetry and specular microscopy were not performed on subject VVM685.
‡ This subject harbored both DMPK and TCF4 triplet repeat expansions. Southern blot analysis of expanded DMPK alleles presented where available.
Table 2. A Comparison* of FEDC and Non-FECD Subjects Among DM1 Patients†

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>FECD</th>
<th>Non-FECD</th>
<th>P Value†</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex, No. (%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>1 (16.7)</td>
<td>6 (85.7)</td>
<td>2.9 × 10⁻²</td>
</tr>
<tr>
<td>F</td>
<td>5 (83.3)</td>
<td>1 (14.3)</td>
<td></td>
</tr>
<tr>
<td>Age, mean (SD), y</td>
<td>57.4 (10.0)</td>
<td>52.1 (10.0)</td>
<td>3.7 × 10⁻¹</td>
</tr>
<tr>
<td>Krachmer grade, mean (SD)</td>
<td>5.1 (1.0)</td>
<td>0.7 (0.5)</td>
<td>1.7 × 10⁻⁶</td>
</tr>
<tr>
<td>CCT, mean (SD), μm</td>
<td>586.1 (17.7)</td>
<td>589.6 (27.3)</td>
<td>7.0 × 10⁻¹</td>
</tr>
<tr>
<td>Cell density, mean (SD), cells/μm²</td>
<td>2066.5 (273.4)</td>
<td>3059.6 (478.6)</td>
<td>7.8 × 10⁻³</td>
</tr>
<tr>
<td>CV, mean (SD)</td>
<td>34.7 (2.7)</td>
<td>32.1 (5.2)</td>
<td>1.3 × 10⁻¹</td>
</tr>
<tr>
<td>Hexagonal cells % (SD)</td>
<td>55.5 (8.1)</td>
<td>62.4 (6.6)</td>
<td>3.9 × 10⁻²</td>
</tr>
</tbody>
</table>

* Both eyes of each subject were used for comparison.
† Ultrasound pachymetry and specular microscopy were not performed on subject VVM683.
‡ Fisher’s exact test was performed when comparing sex distribution, and 2-sample t-test was performed when comparing other variables.

RESULTS

Abundant discrete, punctate nuclear RNA foci were identified in 85% of the endothelial cells examined from the subject (16-1348) with FECD and muscular dystrophy (Fig. 1A). Nuclear RNA foci were detected in 61% of the endothelial cells from the subject (16-3407) with FECD and TCF4 triplet repeat expansion included as a positive control (Fig. 1A). Additionally, we demonstrated colocalization of the splicing factor MBNL1 with the nuclear RNA foci (Fig. 1B) in the subject (16-1348) with FECD and muscular dystrophy. Genotyping results indicated that the subject (16-1348) did not have a TCF4 triplet expansion but rather had homozygous alleles with 12 CTG repeats at the CTG18.1 locus (Supplementary Fig. S1).

Table 3. Demographic Information of FECD Cohort

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Without TCF4 Expansion</th>
<th>With TCF4 Expansion</th>
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</thead>
<tbody>
<tr>
<td>Sex, No. (%)</td>
<td>n = 95*</td>
<td>n = 222*</td>
</tr>
<tr>
<td>M</td>
<td>20 (21.1)</td>
<td>80 (36.0)</td>
</tr>
<tr>
<td>F</td>
<td>75 (78.9)</td>
<td>139 (62.6)</td>
</tr>
<tr>
<td>Ethnicity, No. (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caucasian</td>
<td>71 (75.3)</td>
<td>204 (95.8)</td>
</tr>
<tr>
<td>African</td>
<td>20 (21.3)</td>
<td>6 (2.8)</td>
</tr>
<tr>
<td>Other†</td>
<td>3 (3.2)</td>
<td>3 (1.4)</td>
</tr>
<tr>
<td>Age, mean (SD), y</td>
<td>67.9 (9.6)</td>
<td>69.6 (10.1)</td>
</tr>
<tr>
<td>Krachmer grade, mean (SD)</td>
<td>5.1 (1.2)</td>
<td>5.8 (0.6)</td>
</tr>
</tbody>
</table>

* There are a few missing values in some variables.
† Fisher’s exact test was performed when comparing sex and ethnicity distribution, and 2-sample t-test was performed when comparing other variables.
‡ Including Asian, Hispanic, and mixed ancestry.

Previously reported, we genotyped the CTG triplet repeat locus at the 5′ UTR of DMPK with STR analysis and TP-PCR using locus-specific primers (Supplementary Table 1).
difference between the two groups in terms of age and CCT (Table 2). Specular microscopy confirmed the presence of guttae in all FECD subjects diagnosed by slit-lamp examination (Fig. 2). Based on specular microscopy, the eyes of FECD subjects had a lower endothelial cell density ($P$ value $= 7.8 \times 10^{-3}$) and lower percentage of hexagonal cells ($P$ value $= 3.9 \times 10^{-2}$) compared to the eyes of non-FECD subjects, which is compatible with the increased cellular senescence seen in FECD.

Next, we examined prevalence of the TCF4 and DMPK triplet repeat polymorphisms in the UTSW FECD cohort and found that 222 of 317 (70%) probands harbored TCF4 expansions. As we had previously reported, the subjects with the TCF4 triplet repeat expansion had a greater clinical severity of disease in comparison to their counterparts without the expansion (Table 3). Out of 95 FECD subjects who did not harbor an expansion in TCF4, only 1 subject was identified with a DMPK triplet repeat expansion with alleles of 15 and 71 CTG repeats (Supplementary Fig. S2). She had undergone cataract surgery and corneal transplantation in both eyes for Krachmer grade 6 severity of FECD. Review of her past medical history revealed no prior clinical diagnosis of myotonic dystrophy. Our observations confirm that TCF4 triplet repeat expansions are the predominant cause of FECD. DMPK triplet repeat expansions, however, can also contribute to the overall genetic burden of this disease and provide a different molecular and clinical perspective on the pathogenesis of

**DISCUSSION**

Ocular findings frequently associated with DM1 include ptosis, cataracts, reticular macular dystrophy, and peripheral retinopathy. Our results indicate that FECD may also be a common ocular finding, with 46% of our DM1 patients affected by FECD. A previous clinical study of DM1 subjects with a mean age of 38 (SD = 13.3) years found no abnormalities in corneal endothelial cell density or morphology using specular morphology. We intentionally screened DM1 subjects over the age of 40 years because FECD is a disease of middle age. Additional studies on larger DM1 cohorts are warranted to validate our findings on the penetrance of the FECD trait with expansions in the DMPK triplet repeat polymorphism and to determine any sex bias. Further studies are also warranted to assess FECD clinical severity and any positive correlation to CTG repeat number as previously reported with TCF4 triplet repeat expansions. Nearly all DM1 subjects develop a cataract. Patients with comorbid FECD should be counseled that they are at increased risk of corneal edema that may require corneal transplantation at the time of or after their cataract surgery.

We found a subject in our UTSW FECD cohort with a DMPK expansion without a prior clinical diagnosis of DM1. Individuals with small DMPK expansions have a mild DM1 phenotype. They may be asymptomatic except for cataracts and lead active lives with normal life spans. Patients with comorbid FECD should be counseled that they are at increased risk of corneal edema that may require corneal transplantation at the time of or after their cataract surgery.
FECD. Several genetic diseases are caused by CTG expansions, and the link between molecular mechanism and disease is best characterized for DM1. As a result, DM1 offers insights that may prove valuable for FECD, where we are in the early stages of understanding mechanism and therapeutic development.

DM1 and FECD, however, are not identical diseases even though they both originate from noncoding CTG expansions. The DMPK expansion in DM1 results in a multiorgan disease that involves various tissues in the eye including lens, retina, and corneal endothelium. In contrast, the TCF4 repeat expansion appears to affect the corneal endothelium without any clinically apparent sequelae to other ocular tissues or bodily organs. We speculate that differences in triplet repeat length and/or tissue specific factors define the phenotypic spectrum of these two triplet repeat expansions.

We report here that mutant expansions in DMPK and TCF4 share important similarities, including (1) nuclear foci that contain expanded CUG repeats, (2) association of foci with MBNL1 protein, and (3) an ability to cause FECD. These results suggest that the triplet expansions in both DMPK and TCF4 may cause the same corneal endothelial tissue phenotype of FECD through shared molecular mechanisms that are triggered by toxic gain-of-function RNA. These findings provide a new window on the molecular pathogenesis of FECD and suggest that the DM1 paradigm can be used to facilitate therapeutic development.

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References

Fuchs’ Dystrophy in Myotonic Dystrophy Patients


