Aqueous Humor Dynamics of the Brown-Norway Rat

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INTRAOCULAR PRESSURE AND GLAUCOMA

Intraocular pressure (IOP) in living animals reflects the dynamics of aqueous humor flow into and out of the eye. Aqueous humor flows into the posterior chamber at a steady rate via the ciliary body epithelium. It flows around the iris to the anterior chamber and exits via conventional and unconventional outflow pathways. The conventional pathway courses through the trabecular meshwork into Schlemm's canal and onto collector channels and aqueous drainage veins of the episcleral venous system. The unconventional pathway includes all other escape routes. It does not have physical structures like canals or veins, but rather involves fluid seepage through the iris root, ciliary muscle, choroid, and sclera into orbital capillaries, vortex veins, and lymph vessels.

Under normal physiological conditions the trabecular pathway presents the primary resistance to aqueous outflow. Fluid movement along unconventional routes is not thought to depend on IOP except near 0 mm Hg. The primary site of conventional outflow resistance has been pinpointed to the inner wall region of Schlemm’s canal. Trabecular matrix in this region stiffens in eyes with glaucoma, altering the biomechanical properties of inner wall cells and impairing their ability to form pores through which aqueous crosses into the canal. The heightened resistance causes a sustained IOP increase that can lead to retinal ganglion cell death and blindness if left untreated.

Given the links between IOP and glaucoma, it is important to understand aqueous humor dynamics in quantitative detail. Important parameters like aqueous formation rate, conventional outflow facility, unconventional outflow, and episcleral venous pressure have been reported for ex vivo and in vivo eyes of humans and several animals. Direct and indirect methods have been used to determine each parameter, including anterior chamber (constant-flow technique) and episcleral vein cannulation, venomanometry, tonography, fluorophotometry, and radiolabeling. A constant-flow (CF) infusion technique was recently developed for quantifying these parameters in a single eye of live anesthetized mice, permitting serial measurements on the same animal.

METHODS

All experiments were conducted in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research.
Research and in compliance with a protocol approved by the Institutional Animal Care and Use Committee at the University of South Florida.

Animal Preparation

Male retired-breeder Brown-Norway rats (300–400 g) were housed under a 12-hour light/12-hour dark cycle with food and water available ad libitum. On the day of experimentation animals were anesthetized with an intraperitoneal (IP) injection of ketamine hydrochloride (75 mg/kg) and xylazine (7.5 mg/kg), supplemented as needed. Anesthesia was maintained by intravenous (IV) delivery of ketamine (30 mg/kg/h) through a femoral vein catheter. A tracheotomy was performed for artificial ventilation, and eye movements were paralyzed by an IV bolus of gallamine triethiodide (26 mg/kg) followed by IV infusion of gallamine (40 mg/kg/h), ketamine (30 mg/kg/h), and dextrose (600 mg/kg/h). Heart rate and body temperature were continually monitored and kept at physiological levels by adjusting anesthetic infusion rate. The animal was rested on a heating pad (37°C) and mounted in a stereotaxic. An intramuscular (IM) bolus of dexamethasone (1 mg) was given to prevent cerebral edema during prolonged anesthesia, and pupils were dilated with 1% cyclopentolate hydrochloride drops. Some experiments were performed with anesthetic and no extra treatments (n = 3), and outflow data were not noticeably different (Supplementary Fig. S1).

Experimental Setup and Calibration

The anterior chamber was obliquely cannulated by a 33-gauge hypodermic needle (TSK Laboratory, Tochigi, Japan, length: 13 mm, lumen: 0.4 mm) to a piezoresistive pressure sensor (model 26PC; Honeywell, Morristown, NJ, USA) positioned at eye level and a programmable syringe pump (NE-1000; New Era Pump Systems, Farmingdale, NY, USA). The tubing was filled with artificial aqueous humor (130 mM NaCl, 5 mM KCl, 5 mM HEPES, pH 7.25). The pressure sensor was temperature compensated and referenced to atmospheric pressure so that any effects of ambient temperature or pressure variation were compensated and referenced to atmospheric pressure so that the fluid volume that enters the eye during on phases equals the volume that leaves during off phases since IOP is the production rate.24,25 Figure 1 illustrates the technique for a 20 mm Hg set point and 2 mm Hg window. Upon set-point specification the pump turns on and injects fluid at a fixed rate, which gradually raises IOP from a resting level of 15 mm Hg. Once 21 mm Hg is reached, the pump turns off and IOP decreases as the excess fluid is cleared by the eye. The pump reactivates when IOP falls to 19 mm Hg, and the cycle repeats until a new set point is specified. In all experiments the window was 2 mm Hg, the pump rate was 1.5 L/min, and the set point was incremented in steps of 5 mm Hg from an initial point that was ~5 mm Hg above the resting IOP. Data were collected for at least three to five cycles per step. At each set point, the fluid volume that enters the eye during on phases equals the volume that leaves during off phases since IOP is the same at cycle start and end, meaning that:

\[ T_1(F_p + F_{in} - F_{out}) = T_2(F_{out} - F_{in}) \]

where \( T_1 \) is the time required to raise IOP by 2 mm Hg (on duration) and \( T_2 \) is the time required for IOP to fall by 2 mm Hg (off duration). The equation can be rearranged to give the net flow:

\[ F = F_{out} - F_{in} = \left( \frac{T_1}{T_1 + T_2} \right) F_p = D \cdot F_p \]

where \( D \) is pump duty cycle. It may be seen that the mCP and CF techniques are theoretically equivalent since \( D = 1 \) if the pump never turns off. \( T_1 \) and \( T_2 \) were measured for each cycle and \( F \) was averaged across all cycles of a given set point. The animal was then euthanized, and data were collected in situ for the same set-point increments approximately 30 minutes after injection when IOP dropped below 3 mm Hg.

Modified Constant-Pressure Technique

A modification of the constant-pressure (mCP) technique was applied to 10 rats, in which IOP was held constant by modulating pump duty cycle26 instead of the instantaneous perfusion rate.26 Figure 1 illustrates the technique for a 20 mm Hg set point and 2 mm Hg window. Upon set-point specification the pump turns on and injects fluid at a fixed rate, which gradually raises IOP from a resting level of 15 mm Hg. Once 21 mm Hg is reached, the pump turns off and IOP decreases as the excess fluid is cleared by the eye. The pump reactivates when IOP falls to 19 mm Hg, and the cycle repeats until a new set point is specified. In all experiments the window was 2 mm Hg, the pump rate was 1.5 L/min, and the set point was incremented in steps of 5 mm Hg from an initial point that was ~5 mm Hg above the resting IOP. Data were collected for at least three to five cycles per step. At each set point, the fluid volume that enters the eye during on phases equals the volume that leaves during off phases since IOP is the same at cycle start and end, meaning that:

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Estimation of Inflow–Outflow Parameters

IOP in a living animal may be described by the modified Goldmann equation,

\[ IOP = \frac{D \cdot F_p + F_{in} - F_{out}}{C} + EVP \]

where \( IOP \) is IOP, \( D \) is pump duty cycle, \( F_p \) is pump rate, \( F_{in} \) is inflow rate, \( F_{out} \) is outflow rate, \( C \) is compliance, and \( EVP \) is episcleral venous pressure.
where $C$ is conventional outflow facility [mL/min/mm Hg], $F_{an}$ is unconventional outflow rate [mL/min], and $EVP$ is episcleral venous pressure [mm Hg]. $D$ is 1 for CF experiments, and it is determined empirically for mCP experiments. The equation does not account for flow in the unconventional pathway that may be pressure dependent. Since $D \cdot F_p$ corresponds to $F$ for both techniques, this means:

$$F = C \cdot IOP + (F_{an} - F_{in} - C \cdot EVP)$$

The modified Goldmann equation was fit to in vivo data. The regression slope estimates outflow facility of live eyes ($C_{live}$), and the $y$-intercept estimates a combination of three additional parameters ($F_{an}$, $F_{in}$, $EVP$). EnthusiaAs eliminates the last two parameters, reducing the equation to:

$$F = C \cdot IOP + F_{an}$$

which was fit to the in situ data. The regression slope and $y$-intercept estimate outflow facility of dead eyes ($C_{dead}$) and $F_{an}$, respectively. $F_{in}$ and $EVP$ cannot be separately estimated and were therefore combined into:

$$F_{in}' = F_{in} + C \cdot EVP$$

where $F_{in}'$ was calculated from the difference in $y$-intercept of live and dead eyes.

**Assessment of Parameter Estimates**

Additional experiments were performed on four groups of animals. To test for hysteresis, data were collected and compared for a sequence of increments and decrements in pump rate or set point. To test for washout, the eye was perfused for 2 to 3 hours at a fixed rate that raised IOP 15 to 20 mm Hg above rest. Pump rate was divided by the pressure change to convert the record to instantaneous outflow facility and fit by a line. The slope estimated washout rate, which was expressed as percentage change per hour by normalizing to outflow facility at pump onset. To assess accuracy, data collection was repeated with a shunt inserted through the cornea and opened to air. The shunt was made from perfluoroalkoxy tubing (length: 20 mm, lumen: 50 μm) and had a measured conductance of $C_S = 0.029$ μL/min/mm Hg. The shunt adds a parallel IOP-dependent element to the Goldmann equation, which results in:

$$F = C \cdot (IOP - EVP) + F_{an} - F_{in} + C_S \cdot IOP$$

$$= C_T \cdot IOP + (F_{an} - F_{in} - C \cdot EVP)$$

where $C_T = C + C_S$. Facility estimates with a shunt in the eye should thus increase by $C_S$ and the $y$-intercept should remain the same if the mCP technique is valid. To assess for possible evaporation artifacts, eye hydration was maintained by a steady saline drip or by immersion in a saline bath at room temperature. The bath was achieved by adhering a plastic cup to fur around the eye.

**Histologic Processing**

The impact of eye perfusion was examined histologically for 5 rats. After data collection was complete, both eyes were enucleated and placed in 4% paraformaldehyde for 24 hours. The eyes were then embedded in paraffin, sliced in 4-μm sections, and mounted on gel-coated slides. Tissue sections of the iridocorneal angle of both eyes were stained with hematoxylin and eosin, viewed under light microscopy, and digitally photographed.

**Data Analysis**

Statistical significance was assessed with paired and unpaired $t$-tests at an $α$ level of 0.05 using SigmaPlot software (Systat Inc., San Jose, CA, USA), unless otherwise specified. Results are expressed within experiments as 95% confidence intervals in brackets and across experiments as mean ± standard deviation (SD).

**RESULTS**

**Perfusion System Properties**

The hydraulic resistance of the perfusion system was $0.36 \pm 0.01$ mm Hg·min/μL ($n = 3$) when connected to a 33-gauge needle. This corresponds to a hydraulic conductance of $2.78 \pm 0.08$ μL/min/mm Hg, which nearly matches the expected value given by Poiseulle’s law (2.6 μL/min/mm Hg). It is 100-fold larger than the outflow facility of rat eyes measured below so its influence on the measurements can be ignored. Figure 2A shows the system response to fluid boluses administered with the needle sealed shut and with the needle inserted in a rat eye. Pressure increases nearly instantaneously in both cases, then holds steady for the closed system and decays back toward baseline for the open system. Figure 2B relates measured pressure changes to bolus volume. The hydraulic compliance of the entire perfusion system ($0.105 \pm 0.016$ μL/
mm Hg, \( n = 7 \) was comparable to that of rat eyes (0.091 ± 0.018 \( \mu \)L/mm Hg, \( n = 5 \), \( P = 0.16 \)). Since it was not orders of magnitude greater than ocular compliance, response dynamics were not markedly altered by system tubing.

**Rat Eye Perfusions**

Aqueous humor dynamics were quantified for 17 rats. Figure 3A shows representative data from a CF experiment. Following each step in perfusion rate IOP settled over 10 to 30 minutes to a plateau level. Figure 3B plots net flow \( F \) versus plateau IOP. The \( x \)-intercept (zero net flow) is the resting IOP. Data are all positive (outward flow) because the pump only infused fluid. Linear regression gives an outflow facility of \( C = 0.025 \) \( \mu \)L/min/mm Hg for this animal. Figure 4A shows representative data from a mCP experiment. Following each step in set point, pump duty cycle \( D \) increased, which raised IOP to the specified range and maintained it there. Pump duty cycle was measured for several cycles and was stable over time irrespective of IOP set point (Supplementary Fig. S2). Figure 4B plots net flow averaged over all cycles versus IOP level. The \( x \)-intercept is again the resting IOP. Linear regression gives an outflow facility of \( C = 0.022 \) \( \mu \)L/min/mm Hg for this animal. In both experiments the \( y \)-intercept is negative, indicating that the pump would have to withdraw fluid to lower IOP to zero.

It may be noted that the CF technique took twice as long as the mCP technique to estimate parameter values owing to its lengthy settling times. Data repeatability was checked with a hysteresis test. Figure 5 presents a mCP experiment in which IOP was stepwise decremented and incremented from an initial set point 30 mm Hg above the resting level. Estimates of \( C \) and \( y \)-intercept were not significantly different for the two step sequences for this animal and two other animals (\( P > 0.1 \) for each), implying that eye outflow properties were not altered by the pressure magnitudes and oscillations used in these experiments.

Figure 6 provides pressure-flow data for all experiments. Resting IOP averaged 14.6 ± 1.9 mm Hg in anesthetized rats. Outflow facility estimates for the CF and mCP techniques were indistinguishable across animals and between live and dead eyes (2-way ANOVA, \( F > 0.16, P > 0.53 \) for all comparisons) as...
well as for the same eye of individual animals (P = 0.83). Results were therefore combined to give Clive = 0.023 ± 0.002 \mu L/min/mm Hg and Cdead = 0.024 ± 0.002 \mu L/min/mm Hg. The data shifted upward in dead eyes by Fp = 0.421 ± 0.050 \mu L/min due to the loss of aqueous production and EVP. The y-intercept became positive in dead eyes, which is indicative of IOP-independent outflow. Studies have attributed this to the unconventional pathway,19,32 which would imply that Fun = 0.096 ± 0.024 \mu L/min at rest (n = 9).

**Control Experiments**

Estimates of C and Fun were assessed with control experiments. Figure 7A shows pressure-flow data before and after a shunt of known conductance was inserted in the eye. The additional pressure-dependent drainage pathway had marked effect on outflow facility, which increased by 0.028 ± 0.005 \mu L/min/mm Hg on average (n = 4). The increase was within measurement error of shunt conductance (P < 0.01), bolstering confidence in the accuracy of outflow facility estimates. The shunt also lowered resting IOP level, as indicated by the shift in x-intercept, but it did not significantly alter the y-intercept (C0 = 0.318 [0.361, 0.275] \mu L/min).

**Washout Test**

Eye perfusion may damage outflow pathways, especially at high flow rates. This would cause parameter estimates to change over time, a phenomenon known as washout.29–31 Figure 8A shows an experiment that tested for washout by perfusing the eye at a constant rate for nearly 3 hours. IOP
increased by 14 mm Hg, which translated to an outflow facility of 0.022 \( \mu \text{L/min/mm Hg} \) that washed out at 1.1%/h. The washout rate averaged \(-2.3 \pm 4.9%/h\) for all eyes tested \((n = 5)\), which was not measurably different from zero \((P = 0.31)\).

Figure 8B shows that the trabecular meshwork of the perfused eye was morphologically intact and angle structure looked similar to the control eye, consistent with the lack of physiological evidence for washout.

**DISCUSSION**

This study estimated physiological parameters of aqueous humor dynamics in live healthy rat eyes. Conventional outflow facility \( C \) was determined from the slope of pressure-flow data, which were linear over the measured range and indistinguishable for live and dead eyes, as observed in mice.\(^{19,32}\) \( C \) may overestimate the facility of the trabecular pathway if there are other pressure-dependent outflow pathways in rat eyes as in other animals\(^6\) or if outflow facility varies with IOP.\(^{33,34}\) Unconventional outflow rate \( F_{un} \) could not be accurately estimated from the \( y \)-intercept of dead eye data. Although much of the eye is protected from evaporation and steps were taken to keep exposed surfaces moist, the intercept was nevertheless sensitive to hydration state. The finding extends reports of no pressure-independent flow in enucleated mice eyes\(^{33,34}\) to non-enucleated rat eyes. It also indicates that previous in situ estimates of \( F_{un} \) in mice are probably contaminated by evaporation.\(^{19,32}\) Aqueous production rate \( F_{in} \) and EVP could not be separately estimated from pressure-flow data alone.

Outflow facility estimates were confirmed using two different techniques (CF and mCP). The mCP technique is a variation on the constant-pressure method of measuring aqueous humor dynamics. It is simple in concept and low in cost because only IOP is measured. Flow rate is inferred from the time it takes a pump to raise IOP a small amount and the time it takes the eye to clear the infused fluid. A similar technique was recently employed to measure outflow of enucleated mice eyes,\(^{26,27}\) except pump rate was not fixed in magnitude but rather modulated continuously using an expensive pump microcontroller. Flow rate was specified by the modulation waveform, which has the advantage that flow can be estimated at any time and not just at end of pump duty cycles. It may extend recording time as IOP took several minutes to reach steady state after set-point changes.

**Figure 6.** Pressure-flow data. Results of all CF (left) and mCP (right) experiments performed on live (filled) and dead (unfilled) rat eyes in situ. Lines are linear regression fits of the data.

**Figure 7.** Parameter assessment. (A) mCP experiment in which pressure-flow data were collected before (circles) and after (squares) a shunt was inserted through the cornea. Lines are regression fits of the respective datasets \((C = 0.024 [0.022, 0.026] \text{ and } C_T = 0.049 [0.045, 0.053] \mu \text{L/min/mm Hg}). \) Error bars are standard deviation. (B) Pressure-flow data from mCP experiments on live (filled) and dead (unfilled) rats in which the eye was kept moist by a constant saline drip (circles) or by immersion in a saline bath (triangle). Lines are linear regression fits of the data. Error bars are standard deviation.
anterior chamber volume among these animals. It is similar in rats (0.003–0.007 l) mice (0.003–0.007 l) and much lower than those (15%–35%) from humans, exhibit higher outflow facility over time when experimentally perfused. The washout phenomenon has been attributed to clearance of extracellular material in the outflow pathway, clearance of proteins in the iris root, and mechanical disruption of the trabecular meshwork. Human eyes were presumed to differ in some important structural or functional respect that prevents washout. Much of this work was performed on larger mammals. Recent studies have found that mouse eyes do not exhibit the phenomenon either. The absence of washout in rats extends the finding to another rodent.

Species Comparisons
Aqueous humor dynamics are known to scale with eye size. Conventional outflow facility measured for adult Brown-Norway rats is approximately 10-fold less than that of humans (0.24–0.29 L/min/mm Hg) and 4-fold more than that of mice (0.003–0.007 L/min/mm Hg) but see Refs. 19, 32. The scaling relationship parallels differences in anterior chamber volume among these animals. It is similar in scale but slightly smaller in value than prior measurements in rats (C = 0.044 ± 0.010 µL/min/mm Hg) and 0.051 ± 0.010 µL/min/mm Hg). Both studies examined Lewis rats so the higher facility of this albino strain may reflect the absence of pigment granules, which can accumulate in the trabecular meshwork. Aqueous humor dynamics have been noted to vary in mice with strain age and outflow facility was greatest for adult albino mice.

Aqueous production rate and EVP cannot be estimated via the Goldmann equation from pressure-flow data alone. One of the parameters must be determined empirically in order to solve for the other. A reported approach is to measure EVP by lowering IOP until there is blood reflux into Schlemm’s canal. The approach was attempted in rats with limited confidence in accuracy. EVP has been measured in young Sprague-Dawley rats, and it averaged 7.8 mm Hg. If the value applies to adult Brown-Norway rats, F_EVP would predict an aqueous production rate of F_P = 0.242 µL/min, which would fall statistically within the 0.350 ± 0.110 µL/min range measured by dye dilution in Lewis rats. Similar to outflow facility, this production rate would be approximately 10-fold less than that of humans (2.1–2.9 µL/min during the day) and a fewfold more than that of mice (0.06–0.20 µL/min depending on age and strain).

It has long been thought that the eyes of all animals, except humans, exhibit higher outflow facility over time when experimentally perfused. The washout phenomena has been attributed to clearance of extracellular material in the outflow pathway, clearance of proteins in the iris root, and mechanical disruption of the trabecular meshwork. Human eyes were presumed to differ in some important structural or functional respect that prevents washout. Much of this work was performed on larger mammals. Recent studies have found that mouse eyes do not exhibit the phenomenon either. The absence of washout in rats extends the finding to another rodent.

Study Limitations
A principal limitation of this study is that parameters are estimated from the Goldmann equation under the assumption that aqueous humor dynamics are linear and only trabecular outflow is pressure dependent. The linearity assumption appears reasonable for IOP levels up to 40 mm Hg above rest in rats as data scatter nonsystematically about the regression line. The assumption might not, however, be valid at IOP levels that were not tested. For example, it has been found that the outflow facility of enucleated mouse eyes decreases to zero at low IOP and that pressure-flow data are better described by a power function. If rat eyes exhibit similar nonlinear behavior in vivo, C may grossly misestimate outflow facility at IOP levels below and well above rest. F_P may be misestimated as well, and estimation errors would compound if additional parameters depend on IOP. IOP levels below rest were not tested owing to the risk of tissue damage from aspiration, but the dead eye results do not support the presence of a power-law nonlinearity in rats since pressure-flow data of well-hydrated eyes were linear down to a y-intercept of zero. Perhaps the nonlinearity observed in mice is related to small eye size or eye enucleation. The assumption of a single IOP-driven outflow pathway requires further investigation. A secondary limitation may be that this study used pharmacologic treatments to eliminate eye movements and extend recording time. The treatments did not appear to influence aqueous humor dynamics since facility measurements were similar for euthanized animals and for a subset of animals not given treatments.

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References


