Retinal Cell Biology

Dark Rearing Does Not Prevent Rod Oxidative Stress In Vivo in Pde6b\textsuperscript{rd10} Mice

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\textbf{PURPOSE.} In cyclic light-reared Pde6b\textsuperscript{rd10} mice, rod cell oxidative stress contributes to the degenerative phenotype. Dark rearing Pde6b\textsuperscript{rd10} mice slows but does not prevent atrophy. This suggests that outer retinal oxidative stress occurs in Pde6b\textsuperscript{rd10} mice independent of light exposure, a hypothesis tested in this study.

\textbf{METHODS.} Mouse strains Pde6b\textsuperscript{rd10} and C57Bl/6 (wild type) were dark reared until postnatal day (P) 23 (P23) or P30. In subgroups of dark-reared mice, (1) layer-specific excessive free radical production (i.e., an oxidative stress biomarker) in vivo via QUEnch-assistTed magnetic resonance imaging (QUEST MRI) was indicated by a significant reduction in the greater-than-normal spin-lattice relaxation rate R1 (1/T1) with methylene blue, (2) superoxide production was measured ex vivo in whole retina (lucigenin), and (3) retinal layer spacing and thickness were assessed in vivo (optical coherence tomography, MRI).

\textbf{RESULTS.} In P23 male Pde6b\textsuperscript{rd10} mice, only the outer superior retina showed oxidative stress in vivo, as measured by QUEST MRI; a lucigenin assay confirmed supernormal superoxide production. In contrast, at P30, no evidence for retinal oxidative stress was observed. In P23 female Pde6b\textsuperscript{rd10} mice, no retinal oxidative stress was apparent; however, at P30, oxidative stress was observed in superior inner and outer nuclear layers. Male and female Pde6b\textsuperscript{rd10} mice at P23 had normal retinal thicknesses, whereas at P30, modest thinning was noted in inferior and superior retina.

\textbf{CONCLUSIONS.} We confirmed that outer retinal oxidative stress occurs in male and female dark-reared Pde6b\textsuperscript{rd10} mice. Male and female Pde6b\textsuperscript{rd10} mice demonstrated similar degrees of retinal thinning, but with unexpectedly distinct spatial and temporal retinal oxidative stress patterns.

Keywords: QUEST MRI, free radicals, reactive oxygen species, retinitis pigmentosa

\textbf{R}etinitis pigmentosa (RP), a group of genetic disorders that cause degeneration of the photoreceptors that leads to blindness, is a disease with no cure. Accumulating evidence of RP in animal models raised under 12 hours of light and 12 hours of dark (i.e., cyclic light) suggests that rod cell oxidative stress contributes to photoreceptor atrophy.\textsuperscript{1,2} For example, cyclic light-reared Pde6b\textsuperscript{rd10} mice demonstrate rod cell oxidative damage on postmortem examination before overt outer retinal degeneration, and antioxidant treatment prolongs photoreceptor survival.\textsuperscript{1–8} However, conventional ex vivo assays provide poor temporal resolution (e.g., immunohistochemical indices of oxidative damage) or little spatial resolution (e.g., superoxide production from whole retina measured by lucigenin). Furthermore, merging information from these common assays is not possible. Clinically, trials of antioxidant treatment in patients with RP have shown unclear neuroprotective benefits.\textsuperscript{7,10,11} This ambiguity is likely due to an inability of conventional methods to assess antioxidant efficacy within the retinas of patients, and thus treatment cannot be personalized or optimized with regard to dosing and timing.\textsuperscript{7,10,11} To address the above problems, new imaging methods with translational potential are needed to measure an oxidative stress biomarker (e.g., excessive free radical production), with high spatial and time resolution, in different layers of the retina in vivo.

To this end, we have developed QUEnch-assistTed magnetic resonance imaging (QUEST MRI), an imaging method to noninvasively measure sustained production of abnormally high levels of inherently paramagnetic free radicals in different retinal layers.\textsuperscript{12–14} A positive QUEST MRI index is defined as excessive production of paramagnetic free radicals as a greater-than-normal spin-lattice relaxation rate R1 (1/T1) that can be significantly lowered with an antioxidant (i.e., a quench).\textsuperscript{12,13,15,16} Methylene blue (MB) is used in this study to suppress excessive free radical production based on its established “parasitic” electron transporter property that effectively minimizes excessive mitochondrial- and oxidase-induced free radical production 24 hours posttreatment.\textsuperscript{17–20}

It is well established that photoreceptor survival can be prolonged in models of RP by rearing animals in the dark.\textsuperscript{21–24} However, the conditions underlying the eventual degeneration of photoreceptors with dark rearing are not well understood.\textsuperscript{22} In this study, we examined the novel hypothesis that outer retinal oxidative stress occurs in Pde6b\textsuperscript{rd10} mice independent
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of light exposure. We compared QUEST MRI in vivo to a “gold standard” ex vivo biomarker of oxidative stress (retinal superoxide production). Retinal laminar spacing and thicknesses were evaluated in vivo by using optical coherence tomography (OCT) and MRI.

**Materials and Methods**

All animals were treated in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, the Association for Research in Vision and Ophthalmology Statement for the Use of Animals in Ophthalmic and Vision Research, and the Institutional Animal and Care Use Committee (IACUC) authorization. Anesthetized mice were humanely euthanized by cervical dislocation followed by a bilateral pneumothorax, as detailed in our IACUC-approved protocol.

**Groups**

Male and female <i>Pde6b</i><sup>+/−</sup> mice with a C57BL/6 background (Jackson Laboratories, Bar Harbor, ME, USA) and C57BL/6 mice (wildtype [wt]; Jackson Laboratories) were dark reared from birth until postnatal day (P) 23 (P23) or P30. These time points were chosen based on literature evidence that there is little outer retinal atrophy at P23 and modest thinning at P30. The results from the present study support the protocol.

**QUEST MRI**

In addition to being dark reared, mice were maintained in darkness for at least 16 hours before and during the MRI examination. In all groups, immediately before the MRI experiment, animals were anesthetized with urethane (36% solution intraperitoneally; 0.083 mL/20 g animal weight, prepared fresh daily; Sigma-Aldrich Corp.) and treated topically with 1% atropine sulfate (Akorn Pharmaceuticals, Lake Forest, IL, USA) to ensure dilation of the pupil. This was followed by application of 3.5% lidocaine gel (Akorn Pharmaceuticals) to reduce sensation that might trigger eye motion and to help keep the ocular surface moist. High resolution 1/T1 data were acquired on a 7 Tesla system (ClinScan; Bruker, Billerica, MA, USA) by using a receive-only surface coil (1.0-cm diameter), as regularly performed in our laboratory. In all cases, several single spin-echo (time to echo [TE] 13 milliseconds, 7 × 7 mm<sup>2</sup>, matrix size 160 × 320, slice thickness 600 μm, in-plane resolution 21.875 μm) images were acquired at different repetition times (TRs) in the following order (number per time between repetitions in parentheses): 0.15 seconds (6), 3.50 seconds (1), 1.00 seconds (2), 1.90 seconds (1), 0.35 seconds (4), 2.70 seconds (1), 0.25 seconds (5), and 0.50 seconds (3). To compensate for reduced signal-noise ratios at shorter TRs, progressively more images were collected as the TR decreased.

**Retinal Superoxide Production**

Subgroups of dark-reared P23 wt and <i>Pde6b</i><sup>+/−</sup> mice were maintained in darkness for at least 16 hours before euthanasia, and their retinas were removed in a dim room. Superoxide production was measured on one retina by using a standard lucigenin (bis-N-methylacridinium nitrate; Sigma-Aldrich Corp.) assay in which each retina preparation was given three carefully timed and gentle shakes, followed each time with three measurements (total of nine measurements). Data from one male <i>Pde6b</i><sup>+/−</sup> mouse were not used because the laboratory lights were accidentally turned on. Because each subgroup had data collected on different days, companion measurements were obtained each day from three dark-adapted 2-month-old wt mice. This allowed us to normalize that day’s data to the 2-month-old wt mice and compare data from each group across days.

**Optical Coherence Tomography**

Optical coherence tomography (OCT) (Envisu R2200 VHR SDIOIS; Leica Microsystems, Inc., Buffalo Grove, IL, USA) was used to visualize retinal layer spacing in vivo in subsets of mice (n = 2 per group). Mice were anesthetized with urethane (36% solution intraperitoneally; 0.083 mL/20 g animal weight, prepared fresh daily; Sigma-Aldrich Corp.). A 1% atropine sulfate solution was used to dilate the pupils and GenTeal was used to lubricate the eyes. Optical coherence tomography images were also used to visualize possible changes in laminar spacing in experimental mice and to spatially calibrate the transretinal QUEST MRI profiles.

**MRI Data Analysis**

Within each T1 data set comprised of 23 images, images acquired with the same TR were first registered (rigid body) and then averaged to generate a stack of 8 images. These averaged images were then registered across TRs. It is well known that using imperfect slice profiles leads to a bias in the estimate of T1 and a lower than expected T1 value. By normalizing to the shorter TR, some of the bias can be reduced, giving a more precise estimate for T1. We normalized by first applying 3 × 3 Gaussian smoothing (performed three times) on only the TR 150-millisecond image to minimize noise and emphasize signal. The smoothed TR 150-millisecond image was then divided into the rest of the images in that T1 data set. In our experience, this procedure minimized the day-to-day variation in the 1/T1 profile previously noted and obviated the need for a “vanilla control” group to minimize day-to-day variations. The 1/T1 maps were calculated using the 7 normalized images via fitting to a 3-parameter T1 equation ([y = a + b]* exp(−c*TR)], where a, b, and c are fitted parameters) on a pixel-by-pixel basis by using R (v.3.3.1) scripts developed in-house and the minpack.lm package (v.1.1.1, Elzhov TV, Mullen KM. minpack.lm: R interface to the Levenberg-Marquardt nonlinear least-squares algorithm found in MINPACK. R package version 1.1–1). In our previous studies, central retinal superior and inferior 1/T1 values (± 0.4 to 1 mm from the optic nerve head) were examined. However, to better align the retinal regions measured between the two methods in this study, here we expanded our analysis of QUEST MRI data to include more peripheral retinal regions (± 0.4 to 1.4 mm from the optic nerve head). We also noticed that the inferior and superior sides had different 1/T1 profiles and antioxidant responses, and thus each side was analyzed and presented separately. In each mouse, retinal thicknesses (μm) were objectively determined using the “half-height method” wherein a border is determined via a computer algorithm based on the crossing point at the midpoint between the local minimum and maximum, as detailed elsewhere. The distance between two neighboring crossing points thus represents an objectively defined retinal thickness. The 1/T1 profiles in each mouse were then normalized with 0% depth at the presumptive...
vitreoretinal border and 100% depth at the presumptive retina-choroid border. The present resolution is sufficient for extracting meaningful layer-specific anatomical and functional data, as previously discussed.\(^{30,31}\)

**Statistical Analysis**

Data are presented as mean ± standard error of the mean (SEM), and a significance level of 0.05 was used for all analyses. All measurements (superoxide, MRI thickness, and 1/T1) were evaluated for a normal distribution by using residuals from the model used to test for differences, with no extreme departures from normality observed for any of the measurements. We used a linear mixed model for analyzing all outcome measurements. Type-3 tests in SAS (SAS Institute, Cary, NC, USA) were used to test fixed effects by using the Kenward-Roger method to calculate degrees of freedom.

Preliminary examination of the MRI profile data suggested that (1) superior and inferior sides of the retina exhibited distinctly different profiles in saline and MB Pde6b\(^{rd10}\) mice, and (2) male Pde6b\(^{rd10}\) mice appeared more responsive to MB than female Pde6b\(^{rd10}\) mice. Thus, we included both side and sex in the analyses of the MRI profile data. We used a linear mixed model with cubic splines to model and compare mouse-specific MRI profiles. We included the fixed effects of the group (wt, Pde6b\(^{rd10}\) with saline, Pde6b\(^{rd10}\) with MB), side, sex, MRI depth included as a cubic spline, and interactions among these effects. The number of “windows” with a relationship between 1/T1 and MRI depth (i.e., “knots”) was initially evaluated separately for each group (each strain/ side/sex combination), and the Akaike information criteria (AIC) and Schwarz Bayesian information criteria (BIC) were used to identify the model with the fewest knots needed to model all groups. We also evaluated the number of knots in the potential full model that included all interactions. Based on this initial analysis, we used 5 knots for P23 mice and 7 knots for P30 mice in all remaining analyses. Random coefficients for the intercept and the depth-specific coefficients (cubic spline coefficients) were included in the model, based on comparing models with different sets of random coefficients by using AIC and BIC. For P23 mice, the 4-way interaction of group \times sex \times side \times depth (all depth coefficients included) was marginally significant (\(P = 0.0712\)) based on a likelihood ratio test. Given the lower power expected for such a higher-order interaction, we decided to continue with a model that included the 4-way interaction. This 4-way interaction represents the differences in the 1/T1 MRI profiles among the specific combinations of group, sex, and side. For P30 mice, the 4-way interaction of group \times sex \times side \times depth (all depth coefficients included) was not significant (\(P = 0.1969\)) based on a likelihood ratio test. All 3-way interactions were significant (\(P < 0.05\)), leading us to choose a final model with no 4-way interaction, but instead, all 3-way interactions. Mean differences between groups along depth were evaluated using contrasts based on the final model.

Retinal Superoxide Production at P23

Compared to wt mice, only dark-reared male Pde6b\(^{rd10}\) mice had a significant retinal production of superoxide free radicals (Fig. 3).

**QUEST MRI at P23**

A positive QUEST MRI response indicative of oxidative stress was defined as the overlap region in the 1/T1 profiles containing 1/T1 that was greater-than-normal with a saline injection and was significantly reduced with a MB injection. Only retinal regions satisfying these two criteria were presented as significant in the QUEST MRI figures. For clarity, regions not satisfying these two conditions were not indicated on the graphs.

As shown in Figure 1, saline-injected male dark-reared Pde6b\(^{rd10}\) mice had outer retinal (56%–88% depth) 1/T1s that were significantly greater (\(P < 0.05\)) than in dark-reared wt mice, but on only the superior sides of the retina. Dark-reared male Pde6b\(^{rd10}\) mice that were given MB had significantly reduced outer retinal (64%–92% depth) 1/T1s that also localized to the superior retina (Fig. 1). In contrast, no retinal region in dark-reared female Pde6b\(^{rd10}\) mice demonstrated a positive QUEST MRI response (i.e., a supernormal 1/T1 that was quenchable) (Fig. 2).

**Retinal Superoxide Production at P30**

In dark-reared male Pde6b\(^{rd10}\) mice, no retinal region showed evidence for excessive free radical production, as measured by QUEST MRI (Fig. 4). However, saline-injected female dark-reared Pde6b\(^{rd10}\) mice had significantly greater (\(P < 0.05\)) 1/T1 values in both the inner and outer retina (16%–80% and 96%–100% depths, respectively) compared to those of dark-reared wt female mice, but on only the superior side of the retina. Methylene blue reduced the inner and outer retinal (28%–64% depth) 1/T1 significantly (\(P < 0.05\)), also on only the superior side of dark-reared female Pde6b\(^{rd10}\) mice.

**Retinal Anatomy at P23 and P30**

The OCT images were sampled from a small number of mice in each group and used to spatially calibrate the QUEST MRI in Figures 1, 2, 4, and 5. The OCT data illustrates the presence of all retinal layers at both P23 and P30 timepoints, but such limited sampling was insufficient to draw conclusions about retinal thickness. Instead, we measured whole retinal thickness on inferior and superior sides by using a previously validated MRI method.\(^{30,31}\) As expected from the literature, no evidence for retinal thinning was noted in dark-reared male or female Pde6b\(^{rd10}\) retina at P23, whereas both groups exhibited modest retinal thinning by P30.\(^{21,22,24,25}\)

**Discussion**

In this study, we confirmed an important but untested hypothesis in the field: retinal oxidative stress occurs in the absence of light in vivo in the Pde6b\(^{rd10}\) model of RP. In addition, we also found that male and female Pde6b\(^{rd10}\) mice underwent similar extents of outer retinal atrophy by P30, but with surprisingly distinct spatial oxidative stress patterns and
time courses. These observations highlight QUEST MRI as a powerful tool for spatially mapping snapshots of an oxidative stress biomarker. Here, only 2 timepoints were examined and they were insufficient for determining when the occurrence of oxidative stress in male and female switched and if oxidative stress occurred before the appearance of retinal degeneration in male and female 
Pde6b
 rd10 mice. Nonetheless, these novel results set the stage for future intervention studies to address such mechanistic questions.

The present results raise the possibility that different mechanisms underlie the generation of oxidative stress in male and female 
Pde6b
 rd10 mice. One mechanism may involve mitochondrial and ER stress in the inner segment layer (Fig. 4). Based on these maps, we speculate that in male mice, outer retinal oxidative stress might involve mitochondrial and ER stress in the inner segment layer (ER) and mitochondria within the inner segment layer may result in excessive production of free radicals. A drug that suppresses microglial activation also inhibits photoreceptor atrophy in 
Pde6b
 rd10 mice.9,36–38 It is possible that a combination of both of the above mechanisms contributes to the different spatial maps of oxidative stress in male and female 
Pde6b
 rd10 mice. Male 
Pde6b
 rd10 mice show evidence for oxidative stress localized to the outer nuclear layer and inner segment (Fig. 1), whereas in female 
Pde6b
 rd10 mice, the indication of oxidative stress is in inner and outer nuclear layers (Fig. 4). Based on these maps, we speculate that in male mice, outer retinal oxidative stress might involve mitochondrial and ER stress in the inner segment layer.

FIGURE 1. Excessive free radical production in male dark-reared P23 mice retina. Modeling results of normalized 1/T1 MRI profiles in vivo for central retina on either the inferior (left) or superior (right) side (indicated by the box in the MRI insert of each graph; see Methods for details) for the following groups: dark-reared P23 wt group (black, n = 7), dark-reared P23 
Pde6b
 rd10 mice injected with saline (green, n = 5), and dark-reared P23 
Pde6b
 rd10 mice injected with MB (blue, n = 7). Representative dark-reared P23 
Pde6b
 rd10 mice OCT image (above profiles) illustrates laminar spacing (OCTs are not different between groups; Fig. 4); layer assignments (GCL, ganglion cell layer; INL, inner nuclear layer; IPL, inner plexiform layer; IS, rod inner segment layer; OLM, outer limiting membrane; ONL, outer nuclear layer; OPL, outer plexiform layer; OS, rod outer segment layer) are as previously published. Dashed vertical lines map OPL and retina-choroid boundary onto MRI profiles (below). Range bar: region showing a significant (P < 0.05) positive QUEST MRI response, indicative of oxidative stress (i.e., 1/T1 that is greater-than-normal with a saline injection and significantly reduced with a MB injection). Each 1/T1 data set was normalized to its TR 150-millisecond image (“Normalized 1/T1”, Methods section).

FIGURE 2. No excessive free radical production in female dark-reared P23 mice retina. Modeling results of normalized 1/T1 MRI profiles in vivo for central retina on either the inferior (left) or superior (right) side (indicated by the box in the MRI insert of each graph; see Methods for details) for the following groups: dark-reared P23 wt group (black, n = 5), dark-reared P23 
Pde6b
 rd10 mice injected with saline (green, n = 8), and dark-reared P23 
Pde6b
 rd10 mice injected with MB (blue, n = 6). Other figure conventions are detailed in Figure 1.

FIGURE 3. Retinal superoxide production in dark-reared P23 mice. Modeling results of superoxide production (normalized to same day data [unpublished data] from 2-month-old wt mice) from wt or 
Pde6b
 rd10 (A) male (n = 3 and 5, respectively) or (B) female (n = 3 and 6, respectively) mice. Black bar = significant difference (P < 0.05).
Other figure conventions are detailed in Figure 1.

5), and dark-reared P30
for details) for the following groups: dark-reared P30 wt group (black, n = 5), dark-reared P30 Pde6b<sup>rd10</sup> mice injected with saline (green, n = 5), and dark-reared P30 Pde6b<sup>rd10</sup> mice injected with MB (blue, n = 6). Other figure conventions are detailed in Figure 1.

layer and activated microglia-induced oxidation of DNA in the outer nuclear layer. In female mice, activated microglia-induced oxidation of DNA may occur in the inner and outer nuclear layers. More studies are needed to test these possibilities.

Methylene blue was chosen for the present study as both a typical antioxidant, such as γ-lipoic acid, which neutralizes the excessive production of free radicals. Thus, it is possible that the present results may underestimate the level of excessive free radicals produced in the dark-reared mice. In preliminary studies in our lab using sodium iodate-treated wt mice, we noted a spatially more limited QUEST MRI response with MB than that of γ-lipoic acid (unpublished data). Nonetheless, the positive QUEST MRI responses in male and female mice herein supports its use.

As a result of recent studies and the literature, we feel that QUEST MRI has been sufficiently validated to be a stand-alone assay of retinal oxidative stress. Its accuracy and precision have been confirmed in the xanthine-xanthine oxidase reaction ex vivo and against ex vivo assays in several different models of neuronal oxidative stress. Also, the underlying physics behind QUEST MRI that a continuous net production of free radicals (i.e., oxidative stress) generates a robust and detectable T1 contrast mechanism is consistent with inherently paramagnetic free radicals shortening the lifetime (T1) of water protons, causing 1/T1 to increase linearly based on the concentration of the paramagnetic agent. Thus, QUEST MRI is a powerful translation-ready tool for studying neuronal oxidative stress in vivo without having to inject a contrast agent in experimental RP models and in other neurodegenerative models.

**CONCLUSIONS**

In summary, we show for the first time that rod photoreceptor oxidative stress is apparent in dark-reared male and female Pde6b<sup>rd10</sup> mice. Future QUEST MRI studies are planned to evaluate additional timepoints in male and female dark-reared Pde6b<sup>rd10</sup> mice, as well as the efficacy of novel treatments against oxidative stress and activated microglia in order to improve survival of photoreceptors in RP models. The present results represent a first step in the development of a clinically viable tool for measuring the efficacy of antioxidant therapy in patients.
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